

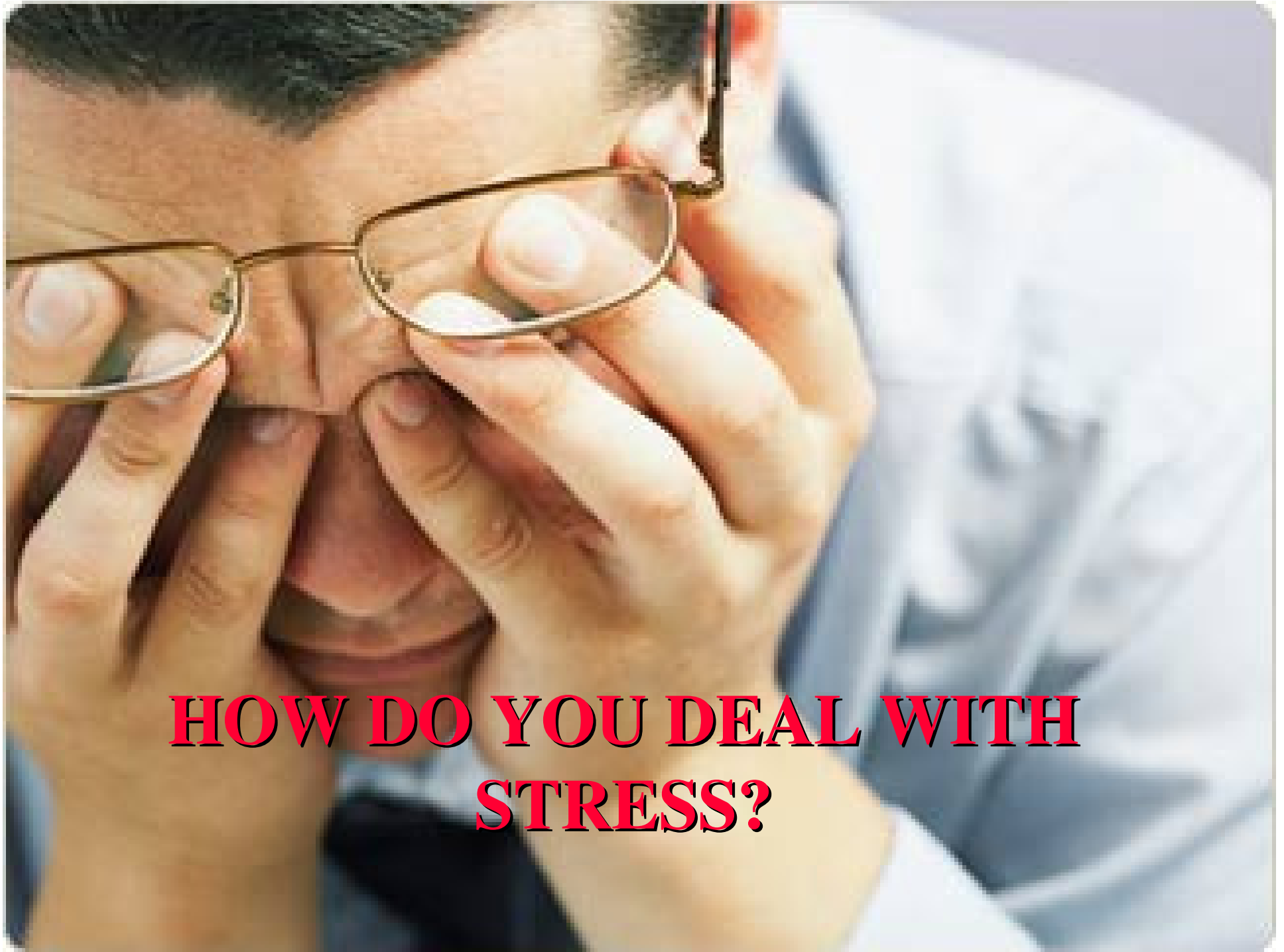


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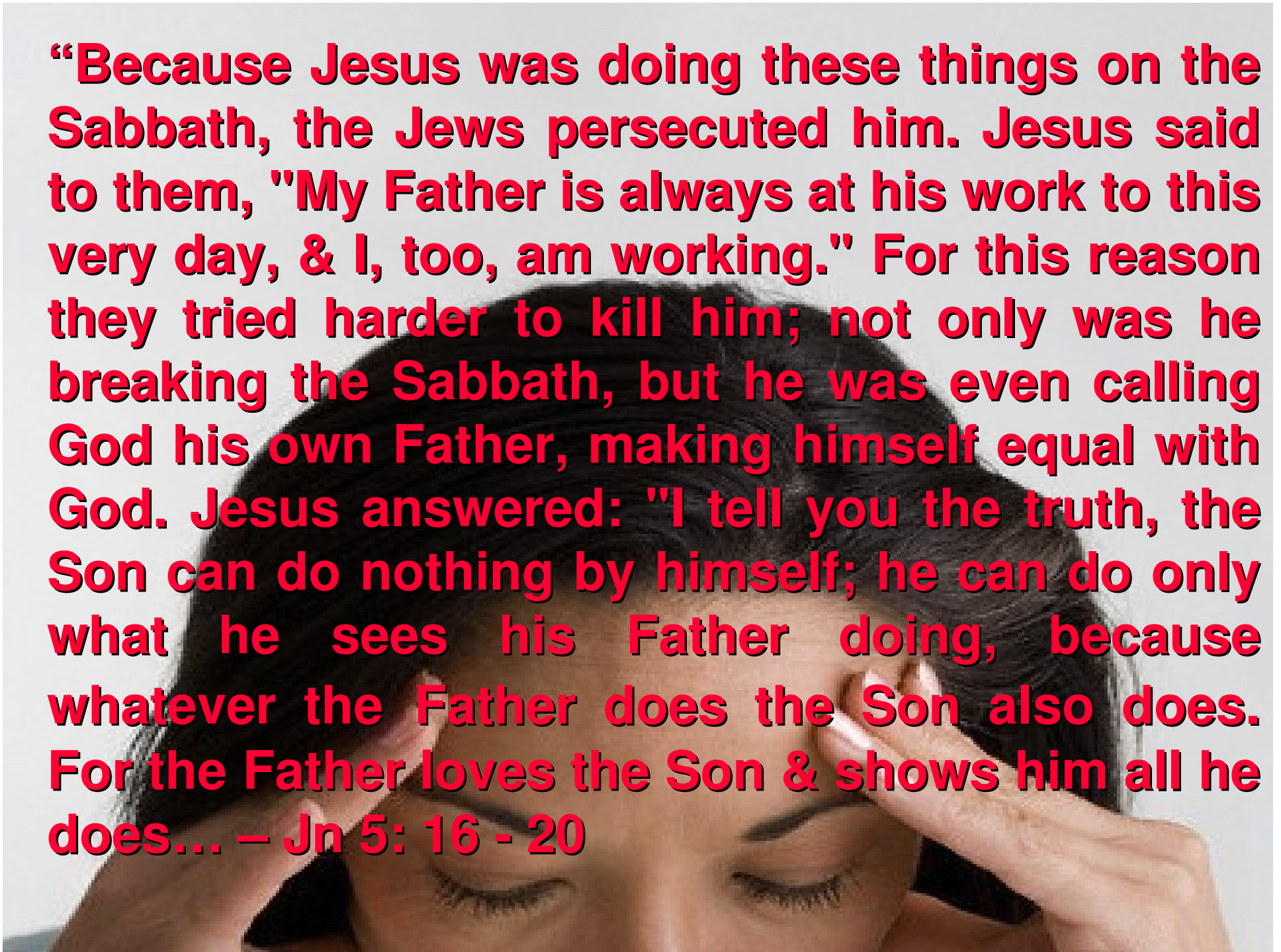
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**HOW DO YOU DEAL WITH
STRESS?**

“Because Jesus was doing these things on the Sabbath, the Jews persecuted him. Jesus said to them, “My Father is always at his work to this very day, & I, too, am working.” For this reason they tried harder to kill him; not only was he breaking the Sabbath, but he was even calling God his own Father, making himself equal with God. Jesus answered: “I tell you the truth, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does. For the Father loves the Son & shows him all he does... – Jn 5: 16 - 20



HOW TO DEAL WITH STRESS:

- REALIZE GOD IS AT WORK NOW!
- JOIN GOD IN HIS WORK
- LISTEN & SEE GOD AT WORK

